



THE UNIVERSITY OF ARIZONA
Parent & Family
Programs

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WELCOME, WILDCAT FAMILY!

Parent & Family Programs Magazine
2024-2025

LEARN THE UNIVERSITY OF ARIZONA
FIGHT SONG WORDS AND MUSIC BY JACK LEE

*BEAR DOWN, ARIZONA
BEAR DOWN, RED AND BLUE
BEAR DOWN, ARIZONA
HIT 'EM HARD, LET 'EM KNOW WHO'S WHO;*

*BEAR DOWN, ARIZONA
BEAR DOWN, RED AND BLUE
GO, GO, WILDCATS, GO;
ARIZONA, BEAR DOWN!*



Scan to
sing along!



**MARSHALL
FOUNDATION**
marshallfoundation.com



THE UNIVERSITY
OF ARIZONA



INTEGRITY
 COMPASSION
 EXPLORATION
 ADAPTATION
 INCLUSION
 DETERMINATION

**THE UNIVERSITY OF ARIZONA
 PURPOSE & VALUES**

Working together to expand human potential,
 explore new horizons, and enrich life for all.



Our mascots, Wilbur and Wilma Wildcat, are the two coolest cats on campus.



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We respectfully acknowledge the University of Arizona is on the land and territories of Indigenous peoples. Today, Arizona is home to 22 federally recognized tribes, with Tucson being home to the O’odham and the Yaqui. Committed to diversity and inclusion, the University strives to build sustainable relationships with sovereign Native Nations and Indigenous communities through education offerings, partnerships, and community service.

WELCOME

Wildcat Family and Supporters,



As a proud University of Arizona alumna, I love this university and believe in the opportunities it provides. But I truly learned to love this great institution when I became the parent of Wildcats.

My daughter, Mari, encountered all the issues I talk to many prospective students and families about, like connecting with campus, being unsure about her major, learning to live with a roommate, and navigating her first weeks around campus (with a broken ankle). While she faced every college transition head-on, as a parent, I was still worried every time she called or stopped by my office. But, just as I promise thousands of parents and supporters each year, the Wildcat community embraced her. After a terrific college experience, she graduated in May 2022 and is working full-time in a career she loves. In August 2022, my son, Antonio, joined the Wildcat family! Through his academic coursework, on-campus job, and extra-curricular activities, he has found the same sense of community and support. I am confident his Wildcat journey will be just as fulfilling because of all we have in place to serve our student body.

Rest assured that your child will be well supported by the Wildcat community, too! When you are having a restless night worrying about how your Wildcat will navigate Arizona, know our faculty and staff

are prepared to help. This guide, full of resources and connections to the campus community, will help you encourage your student to advocate for what they need, when they need it.

Keep in mind, my team and I, and countless other parents and supporters, are here to help and guide you through this transition.

Last but not least, you are now a Wildcat, too! Enjoy the journey.

Bear Down!

Dr. Kasey Urquidez
 Chief Enrollment Officer / Vice President, Enrollment Management
 Dean, Undergraduate Admissions



Maricela and Kasey Urquidez

WELCOME TO THE WILDCAT FAMILY

Parents say ...



“I am so grateful for the amazing advisors the University of Arizona offers. They have been amazing in helping my son decide what options are best that he wants to explore.”

—LEANNE MCNAMEE FROM WASHINGTON D.C.

Students say ...



“I would tell incoming students to have an open mind. **There is so much to do and discover here**, so if you are ready for new experiences, it will make your first year at the university great!”

—KIARA ADAMS FROM LAS VEGAS, NV | JOURNALISM

Professors say ...



“My job is to get up every day and figure out how the universe works. How could that not be the best job in the world? My advice to first-year students is even if you think you know what you want to do in life, **take a while to explore new topics and classes that intrigue you.**”

—CHRIS IMPEY | ASSOCIATE DEAN, COLLEGE OF SCIENCE
DISTINGUISHED PROFESSOR OF ASTRONOMY



Greetings!

On behalf of Parent & Family Programs, I would like to extend a warm welcome to the Wildcat Family. As your student begins their academic journey, know that you, too, are part of the Wildcat Family. Our department is committed to providing you with resources, open communication, and engagement opportunities that will help to support a successful college experience.

As a fellow Wildcat parent, it is always great to connect with families who have similar emotions of excitement, anxiousness, and pride. I have transitioned three Wildcats to this campus, and each one of my children have experienced a unique journey with new opportunities and challenges along the way. I find myself learning about new resources, experiences, and recommendations from my children, and all our new families as we navigate this journey together.

Research shows that family involvement is critical to student success, and your engagement will continue to be a resource to them should questions or concerns arise.

Through a variety of virtual and in-person events throughout the year, Parent & Family Programs (PFP) keeps families engaged and informed to ensure overall academic success. Our programming is designed to support the college experience for families while allowing our students autonomy and independence.

We invite you to attend our **Family Quest** events, designed for incoming families and supporters:

- AUGUST 20–21** Old Main Open House
- AUGUST 22–23** Resource Fair
- AUGUST 23** Wildcat Family Conference
- AUGUST 23** Proud Parent Social (invite only)

For more details, visit uafamily.arizona.edu.

“RESEARCH SHOWS THAT FAMILY INVOLVEMENT IS CRITICAL TO STUDENT SUCCESS.”

Family members should continue to receive regular communication from our campus through the Arizona Family Experience platform. If you are not receiving communication, we encourage you to visit our website to sign up at uafamily.arizona.edu. We look forward to seeing you and your Wildcat on campus this fall!

With Wildcat Pride,

Annamarie Tellez
Director, Parent & Family Programs

WONDER MAKES US

AT THE UNIVERSITY OF ARIZONA, WONDER FUELS EVERYTHING WE DO.

It sparks new ideas, feeds imagination, and shifts mindsets. As Arizona's land-grant university, we are driven to do great things. It's our passion to transform the lives of our student Wildcats and to solve some of the biggest challenges facing our state and the world. Learn how students embrace the spirit of wonder that defines our university at wonder.arizona.edu/videos.



SPIRIT & TRADITIONS

WHY THE WILDCATS SAY "BEAR DOWN"

John Byrd "Button" Salmon was a popular campus figure in the fall of 1926. Not only was he the student body president and a promising student, he was also a member of several honor societies, a baseball catcher, and a varsity quarterback.

In early October, Salmon was critically injured in a car crash at the age of 22. His coach at the time, J.F. "Pop" McKale, visited Salmon in the hospital regularly before his death. He later told the squad Salmon's last message to his teammates was, "Tell them... tell the team to bear down."

Word spread and the student body began using the phrase. They painted the slogan in large letters on the roof of the university gymnasium now known as Bear Down Building. Longtime band director Jack K. Lee was inspired to write the song, "Bear Down, Arizona" after seeing the slogan during his flight to Tucson to interview for the role. The song is played during Arizona sporting events and from the campus belltower daily.

A bust in honor of Salmon was placed outside of the Lowell-Stevens Football Facility. Before every home game, Arizona football players pay tribute to Salmon during the "Wildcat Walk" by touching the bust as they walk past it.



ZONAZOO

ZonaZoo is the official student section and student-ticketing program at the University of Arizona. From the loud roars of McKale Magic to water fights with Rob Gronkowski, we have it all! Your student can join thousands of Wildcats for the game of their life, and these memories will last forever! Admission for all sports is not guaranteed and is available on a first-come, first-serve, general admission basis. For more information, visit zonazoo.squarespace.com.



**Connect, Thrive,
and Cheer On
the Wildcats
at Arizona
Sands Club**

With breathtaking views of Arizona Stadium's football field, Arizona Sands Club offers an unforgettable fan experience. Discover the power of networking, the excitement of game days, and the connection of club membership. Scan to learn more and book your tour.



CAMPUS RESOURCES

ASSOCIATED STUDENTS OF THE UNIVERSITY OF ARIZONA (ASUA)

The student government on campus serving the school and peers through programs, policies, events, and making sure the student voice is heard.
asuatoday.arizona.edu

CAMPUS HEALTH

Award-winning health and wellness services.
health.arizona.edu

CULTURAL AND RESOURCE CENTERS

Making a difference in diversity, equity, and inclusion at the University of Arizona.
diversity.arizona.edu

DEAN OF STUDENTS OFFICE

Serves as a central support resource for students, their supporters, faculty, and staff to navigate university resources, understand policies and procedures, manage crises, life traumas, and other barriers that impede success.
deanofstudents.arizona.edu

DISABILITY RESOURCE CENTER (DRC)

Working to create a universally designed campus and reduce the need for individual accommodations through proactive collaboration with university partners.
drc.arizona.edu

FRATERNITY & SORORITY PROGRAMS

Developing innovative approaches that empower fraternity and sorority members to tackle their greatest challenges, create change for the common good, and realize their full potential.
greek.arizona.edu

HOUSING & RESIDENTIAL LIFE

Living on campus in one of the university's 23 undergraduate dorms is a once-in-a-lifetime experience Wildcats never forget.
housing.arizona.edu

OFFICE OF SCHOLARSHIPS AND FINANCIAL AID (OSFA)

Helpful staff and resources for all things related to financial aid.
financialaid.arizona.edu

PARKING AND TRANSPORTATION

Providing parking options and transportation alternatives for faculty, staff, students, and visitors.
parking.arizona.edu

SAFE RIDE

A free nighttime transportation service for students and affiliates.
520.621.SAFE (7233)

SAFETY

Enhancing students' safety and well-being. For an emergency, call 911. For a non-emergency, call 520.621.UAPD (8273).
safety.arizona.edu

SALT CENTER

An academic support program that provides services to students with learning and attention challenges through innovative approaches.
salt.arizona.edu

SOS

Supports all Arizona community members, with a focus on enhancing the student experience.
sos.arizona.edu

STUDENT ENGAGEMENT & CAREER DEVELOPMENT (SECD)

Resources and support for students to find engagement opportunities, make connections, and build skills during their Wildcat and early alumni years.
career.arizona.edu

STUDENT UNION AND MEAL PLANS

The kitchen and living room of the university, where everyone can eat, play, relax, and get involved.
union.arizona.edu

THINK TANK

Empowers students in a positive environment where they can master the skills needed to become successful lifelong learners.
thinktank.arizona.edu

THRIVE CENTER

Engaging students socially and academically, and connecting them with valuable campus resources ensuring students don't just survive at Arizona, but thrive.
thrive.arizona.edu

UALERT

Emergency alerts sent to your mobile devices during a campus emergency.
cirt.arizona.edu/ualert

THE UNIVERSITY OF ARIZONA BOOKSTORES

University-owned and -operated, providing all academic and extracurricular needs for every Wildcat.
shop.arizona.edu

WILDCATS SUPPORT WILDCATS

Run by students, for students, **Campus Pantry** and **Campus Closet** are two organizations designed to help Wildcats in times of need.

CAMPUS PANTRY is driven by its mission to reduce food insecurity on campus. Student volunteers coordinate food donations and provide food assistance to Wildcats in the form of supplemental groceries and other food staples.
campuspantry.arizona.edu

CAMPUS CLOSET is a nonprofit service that collects and distributes gently used clothing to the campus community for free to ensure students can succeed in job interviews and other professional settings.
[@ua.campuscloset](https://twitter.com/ua.campuscloset)



RESOURCE SPOTLIGHT: CAPS

Your Wildcat will never be alone on their journey. If they find themselves needing mental health support or just someone to talk to, **Counseling & Psych Services (CAPS)** offers a wide variety of counseling services.

- Easy-to-schedule as-needed, when-needed counseling appointments.
- Specialized groups and workshops.
- On-demand mental health tools and resources.
- Site-based counselors across campus.
- Peer counseling and connections.
- 24/7 support for students in immediate need.

For family members, CAPS can also help you provide guidance and support for your student when they need help. Learn about Parents Matter, a free consultation service, and more at caps.arizona.edu or scan this QR code.





Dear New Wildcat Families,

Before the start of the fall semester, students will attend our mandatory extended transition program, **Destination Arizona**. Our goal is to ensure your student feels welcomed and finds their community. The program takes place Friday, August 23 – Saturday, August 24 (the weekend prior to the start of classes) and focuses on three themes:

- 1 **ACADEMIC ENRICHMENT:** Academic units will be providing new Wildcats with resources on how to be successful within their program(s) through understanding academic expectations. Additionally, students will be given the opportunity to strengthen and foster their relationship with their academic unit through various activities alongside their peers.
- 2 **SELF-ADVOCACY:** Entering a new environment can be scary and exciting. Destination Arizona programming provides students with tools and resources to establish confidence to advocate for themselves and their well-being, both academically and personally. Students will meet both incoming and current students, connect with cultural resource centers, and other campus units so they know where to turn in any situation.
- 3 **COMMUNITY ENGAGEMENT:** What does it really mean to be a Wildcat? Students will learn about the University of Arizona and the greater Tucson community to see just how much pride is ingrained in our culture and student life.



Our job is to ensure students feel that Arizona is their home away from home and know they have support throughout their time as a Wildcat. We know that you're trusting us with your students and we thank you for your commitment to their success.

Logan Adams

Logan Adams
Director, Orientation & New Student Services



FALL 2024

AUGUST

- 20-21.... Family Quest: Old Main Open House*
- 20-23.... Move-in begins
- 22-23.... Family Quest: Resource Fair*
- 23.... Family Quest: Wildcat Family Conference*
- 23.... Family Quest: Proud Parent Social (invite only)*
- 23-24.... Destination Arizona*
- 25.... Formal Orientation for Greek Life Recruitment begins
- 25.... Bash at the Rec
- 26.... Classes begin fall semester
- 26.... Payment due

SEPTEMBER

- 2.... Labor Day, no classes
- 8.... Last day to drop without a grade of a W
- 8.... Last day for a refund on tuition
- 8.... Panhellenic bid day
- 9.... Interfraternity Council bid day

OCTOBER

- 13-19.... Homecoming
- 25.... Honors Convocation
- 25-27.... Family Weekend

NOVEMBER

- 11.... Veterans Day, no classes
- 28-12/1.... Thanksgiving recess, no classes

DECEMBER

- 11.... Last day of classes and laboratory sessions
- 12.... Reading Day, no classes or finals
- 13-19.... Final exams



SPRING 2025

JANUARY

- 15.... Classes begin spring semester
- 20.... Martin Luther King Jr. Holiday, no classes

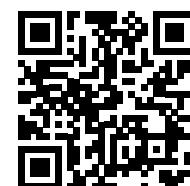
MARCH

- 8-16.... Spring recess

MAY

- 7.... Last day of classes
- 8.... Reading Day, no classes or finals
- 9-15.... Final exams
- 16.... Commencement

*Learn more about these programs at uafamily.arizona.edu and destination.arizona.edu.



Scan to stay updated on special events from Parent & Family Programs.

Can't-miss experiences for University of Arizona Wildcats

- Visit the Turtle Pond
- Visit LifeLab
- Take a picture with Wilbur & Wilma
- Take a picture in front of Old Main
- Play in or go support an intramural sports team
- Study abroad
- Attend at least one away game for an athletic team
- Go on an Arizona Adventure Trip
- Go to at least one game of every university sport
- Join a club
- Make new friends on campus
- Paint the mural at Destination Arizona
- Take a selfie on Mount Lemmon at the Cookie Cabin
- Get on the big screen at Arizona Stadium
- Research Alternative Break trips with the CIELO program
- Pull a late-night study session at the Main Library
- Find your favorite study spot at the Bartlett Academic Success Center
- Attend the Homecoming Bonfire
- Make the Dean's List
- Lay in a hammock on the mall
- Attend the club fair
- Attend your instructor's office hours
- Go to the Arizona State Museum
- Visit Campus Pantry/ Campus Closet
- Apply to be an Arizona Ambassador
- Witness a sunset at Gates Pass
- Participate in a finals survival week event
- Attend a special events speaker on campus
- Vote in an ASUA election
- Go to a group fitness class at the Rec
- Attend a dance performance at the Stevie Eller Dance Theatre
- Attend a Men's or Women's Basketball game
- Visit THINK TANK for tutoring
- Get an internship
- Have your resume reviewed at SECD
- Find a peer mentor at Thrive Center
- Meet with your advisor to stay on track for graduation
- Check out undergraduate research opportunities
- Use Handshake to find an on-campus job
- Take a selfie in front of the bust of John Button Salmon
- Play frisbee on the mall
- Take a tour at the Mirror Lab or Tree Ring Lab
- Visit 4th Ave
- Ride the streetcar
- Attend a play at Centennial Hall
- Try a Sonoran hot dog
- Attend Dog Days with the Dean
- Attend lighting of A Mountain
- Participate in a graduation convocation
- Graduate and become an official Wildcat for LIFE!



GET TO KNOW THE STUDENT SUCCESS DISTRICT

A HUB FOR STUDENT SUPPORT & GROWTH



ON AN AVERAGE DAY, there are 12,000 visits to the Student Success District in the heart of the University of Arizona main campus. It was designed to bring together student support and success services in a centralized location to elevate the Wildcat experience with innovative technology, classrooms, and inspiring collaboration spaces. The nine-acre district includes four buildings where students can find resources and support to help them achieve their goals.

BARTLETT ACADEMIC SUCCESS CENTER

The Bartlett Academic Success Center (BASC) houses student support services and programs such as:

The A Center | Provides major exploration and academic advising for undeclared, transitional, pre-health, and pre-law students.

Student Engagement & Career Development (SECD) | A one-stop shop for all things career related.

Thrive Center | Helps students navigate, excel, and graduate through mentorship, support, and community building, with a special focus on first-generation, marginalized, and low-income students.

Think Tank | Offers tutoring, supplemental instruction, and academic coaching.

Strategic Alternative Learning Techniques (SALT) Center | Satellite location offering supplemental services for students with learning and attention challenges.

BASC also serves as a hub for central and college academic advising with staff from the Colleges of Humanities, Science, and Social & Behavioral Sciences.

BEAR DOWN BUILDING

The Bear Down Building houses student support services and programs, study spaces, and health and wellness facilities, and blends old features of the Bear Down Gym, including an original basketball court and bleachers, with updated spaces like quiet study rooms and a new recreation center.

To support holistic and spiritual wellness, the University has dedicated the institution's first interfaith and serenity space. This is also part of the University's efforts to drive the value and practice of diversity and inclusion.



MAIN LIBRARY

At the Main Library, students have access to technology, skill development, collaborative research, and experiential learning to elevate their experience.

CATalyst Studios, which occupies the entire east wing of the Main

Library's ground floor, inspires formal and informal learning through technologies such as virtual/augmented reality, data visualization, and fabrication equipment. Within the Maker Studio, there are creative technologies such as laser and vinyl cutters, CNC routers, 3D printers, and sewing machines. Free classes through the library allow students to enhance their creativity. The Terry Seligman VR Studio and green screen room enables students to experience and create virtual/augmented reality content.

The Main Library is also a central hub for computer and technology support on campus. At the Rhonda G. Tubbs Tech Toolshed library, users can try out or borrow laptops, cameras, scanners, tablets, and other equipment.



WEAVER SCIENCE & ENGINEERING LIBRARY

A hub for experimenting and testing new initiatives, the Albert B. Weaver Science-Engineering Library hosts a number of technology-rich spaces and houses materials in areas such as life and physical sciences, engineering and technology, and military sciences. In addition to the large collaborative classrooms, a learning studio, computer labs, and study rooms, there is a family study room allowing students with children a family-friendly study space.

Learn more about the Student Success District at successdistrict.arizona.edu.



Out & About in Tucson

Experience the rich culture and vibrant flavors of Tucson, our sunny hometown that offers tons to do and see. Nestled in the heart of the Sonoran Desert, Tucson is home to amazing landscapes, delicious cuisine, and plenty of opportunities for adventure.



Hop aboard the streetcar for a short ride to downtown or Fourth Avenue, where you'll find eclectic shops and restaurants. You can't miss iconic venues like Hotel Congress and the Rialto Theatre, both of which are listed on the National Register of Historic Places.

Spend an afternoon at family-friendly spots like Reid Park Zoo, the Arizona-Sonora Desert Museum, and Old Tucson studios. Indulge in retail therapy at the La Encantada shopping center or unwind at one of Tucson's many world-class resorts.

Bring your appetite because Tucson lays claim to the nation's best 23 miles of Mexican food. As an official UNESCO City of Gastronomy, the city offers a diverse and delicious dining experience to suit all cravings.

If you have time, taking a drive up Mount Lemmon is well worth the trip. It offers breathtaking views of southern Arizona and wintertime snow – yes, real snow in the desert!

Interested in more Tucson recommendations? Check out our interactive map of places students say you should eat, explore, and more.





MAIN GATE SQUARE



MARSHALL FOUNDATION



Located just west of Arizona's campus, Main Gate Square is a vibrant entertainment district featuring global eateries and specialty shops. From Bear Down Fridays to Live Concert series, Main Gate Square is a favorite Tucson location. No matter the day, you'll find the streets filled with students enjoying the shops and restaurants.

Your Main Gate Square purchases drive Marshall Foundation's philanthropy, which funds community programs, including those at the University of Arizona.

LIFE HAPPENS HERE!

maingatesquare.com



Marshall Foundation is a proud supporter of Parent & Family Programs, the University of Arizona, its families, innovators, thinkers, and creators, as the work you do enriches our community and the world.

The relationship between our founder, Louise Foucar Marshall, and the University of Arizona began 125 years ago in 1898. A professor and a shrewd businesswoman, she bought up the vacant land on the north side of University and founded the Marshall Foundation in 1930 to support education and youth.

Since that time, Marshall Foundation, through the management of its real estate and the redevelopment of the area adjacent to the University known as Main Gate Square, has donated over \$30,000,000 to support its community giving for early childhood through undergraduate education in Pima County, including supportive wrap-around social services for underserved populations to achieve success.

Marshall Foundation also funds University of Arizona projects and provides Arizona students with undergraduate and graduate scholarships to attend the University of Arizona.

To learn more about Marshall Foundation, please visit marshallfoundation.com.

