CONTENTS

1 Welcome
2 Wildcat Spirit & Traditions
   Learn about ZonaZoo, our fight song, and why Wildcats say “Bear Down!”
4 Parent & Family Programs
   Discover how Parent & Family Programs supports you and your student
5 Resources
   Discover all the resources available to Arizona students
6 Destination Arizona
   Learn about this mandatory program designed to aid in the transition for incoming students
7 Academic Calendar
   Explore important dates and deadlines
8 Arizona FORGE
   Our world-class research faculty prepares students to thrive in today’s workforce
10 Marshall Foundation
   Learn about the Marshall Foundation and Main Gate Square
12 Student Success District
   Where students can find support and services in one place
16 Bucket List
   50 can’t-miss experiences to check off during your time at Arizona

The University of Arizona Purpose & Values:
Working together to expand human potential, explore new horizons and enrich life for all.
Integrity · Compassion · Exploration
Adaptation · Inclusion · Determination

We respectfully acknowledge the University of Arizona is on the land and territories of Indigenous peoples. Today, Arizona is home to 22 federally recognized tribes, with Tucson being home to the O’odham and the Yaqui. Committed to diversity and inclusion, the University strives to build sustainable relationships with sovereign Native Nations and Indigenous communities through education offerings, partnerships, and community service.
As a proud University of Arizona alumna, I love this university and believe in the opportunities it provides. I truly learned to love this great institution when I became the parent of Wildcats.

My daughter, Mari, encountered all the issues I talk to many prospective students and families about like connecting with campus, being unsure about her major, learning to live with a roommate, and navigating her first weeks around campus (with a broken ankle). While she faced every college transition head-on, as a parent, I was still worried every time she called or stopped by my office. But, just as I promise thousands of parents and supporters each year, the Wildcat community embraced her. After a terrific college experience, she graduated in May 2022 and is working full-time in a career she loves. In August 2022, my son, Antonio, joined the Wildcat family! Through his academic coursework, on-campus job and extracurricular activities, he has found the same sense of community and support. I am confident his Wildcat journey will be just as fulfilling because of all we have in place to serve our student body.

Rest assured that your child will be well supported by the Wildcat community, too! When you are having a restless night worrying about how your Wildcat will navigate Arizona, know our faculty and staff are prepared to help. This guide, full of resources and connections to the campus community, will help you encourage your student to advocate for what they need, when they need it.

Keep in mind, my team and I, and countless other parents and supporters, are here to help and guide you through this transition. Last but not least, you are now a Wildcat, too! Enjoy the journey.

Bear Down!

Dr. Kasey Urquidez
Chief Enrollment Officer / Vice President, Enrollment Management
Dean, Undergraduate Admissions

2023 EVENTS FOR FAMILIES

Parent & Family Programs recognizes the value of our parents & family members, and all our supporters. The Wildcat Family Welcome events are a great way to learn more about The University of Arizona, the campus community, and the many resources available to both you and your student.

Wildcat Family Resource Fair
August 15–17, Bear Down Building, 11am–2pm

Wildcat Family Conference
August 18, Student Union Memorial Center (SUMC), 9am–2pm

Proud Parent Social
August 18, Arizona Sands Club, 6pm

Letters from Home
August 18, Student Union Memorial Center (SUMC) 9am-2pm

Bon Voyage BBQ
August 19, Student Union Memorial Center (SUMC) 3pm
OUR FIGHT SONG

Words and Music by Jack Lee

Bear Down, Arizona
Bear Down, Red and Blue
Bear Down, Arizona
Hit ‘em hard, let ‘em know who’s who;
Bear Down, Arizona
Bear Down, Red and Blue
Go, go, Wildcats, go;
Arizona, Bear Down
John Byrd “Button” Salmon was a popular campus figure in the fall of 1926. Not only was he the student body president and a promising student, he was also a member of several honor societies, a baseball catcher and a varsity quarterback.

In early October, Salmon was in a car crash that left him critically injured. Salmon, then 22, died the morning of October 18. The coach at the time, J.F. “Pop” McKale, visited Salmon in the hospital regularly before his death. He later told the squad Salmon’s last message to his teammates was, “Tell them... tell the team to bear down.”

Word spread and the student body began using the phrase. They painted the slogan in large letters on the roof of the university gymnasium now known as Bear Down Building. Longtime band director Jack K. Lee was inspired to write the song, “Bear Down, Arizona” after seeing the slogan during his flight to Tucson to interview for the role. The song is played during Arizona sporting events and from the campus bell tower daily.

A bust in honor of Salmon was placed outside of the Lowell-Stevens Football Facility. Before every home game, Arizona football players pay tribute to Salmon during the “Wildcat Walk” by touching the bust as they walk past it.

Arizona Pomline, the official dance team for the University of Arizona

ZonaZoo is the official student section and student-ticketing program at The University of Arizona. From the loud roars of McKale Magic to water fights with Rob Gronkowski we have it all! Your student can join thousands of Wildcats for the game of their life, and these memories will last forever! Admission for all sports is not guaranteed and is available on a first come, first serve, general admission basis.

For more information, scan the QR code.
Greetings,

I am thrilled to welcome you as part of the Wildcat Family and share our gratitude for entrusting us with your student’s education and future. This year I will embark on a similar journey alongside yours with similar emotions of excitement, anxiousness, and pride as I welcome my third and final Wildcat to our campus. It is always great connecting with Wildcat families throughout the year sharing campus resources, areas of support and our Wildcat culture. The greatest lesson for me is, regardless of this being your first or fifth student, their journey will be unique to just them. Research shows that family involvement is critical to student success, and your engagement will continue to be a resource to them should questions or concerns arise.

Parent & Family Programs (PFP) is your resource to keep families engaged and informed to ensure overall academic success. Our programming is designed to support the college experience for families while allowing our students autonomy and independence. We encourage you to utilize the resources provided to enhance your experience as part of our Wildcat Community.

Communication: Family members should continue to receive regular communication from our campus through the Arizona Family Experience platform. If you are not receiving communication, we encourage you to visit our website to sign up at uafamily.arizona.edu.

Events: Parent & Family Programs encourages you to join us for virtual and in-person events hosted throughout the year. We will kick off the semester with Welcome Events to acclimate students and families to the campus and community. We encourage families to return to campus in late September for Family Weekend festivities. In the spring semester, our office hosts a series of virtual coffee chats, engaging and educating families about campus resources.

Finally, we encourage you to utilize the communication resources provided to ensure a smooth transition, and look forward to seeing you on campus in the fall.

With Wildcat Pride,
Annamarie Tellez
Director, Parent & Family Programs

Associated Students of the University of Arizona (ASUA) - The student government on campus serving the school and peers through programs, policies, events and making sure the student voice is heard. asuatoday.arizona.edu

Campus Health - A one-stop shop for health and wellness health.arizona.edu

Counseling and Psych Services (CAPS) - Mental Health support tailored to your student. caps.arizona.edu

Cultural and Resource Centers - Making a difference in diversity, equity, and inclusion at the University of Arizona. diversity.arizona.edu

Campus Pantry - Reducing food insecurity in our Wildcat Community through no-cost distribution events. campuspantry.arizona.edu

Campus Closet - Collects and distributes gently used or new business, professional, and casual clothing to students who cannot acquire the items otherwise free of charge.

Dean of Students Office - Serves as a central support resource for students, their supporters, faculty and staff to navigate university resources, understand policies and procedures, manage crises, life traumas, and other barriers that impede success. deanofstudents.arizona.edu
Disability Resource Center - Working to create a universally-designed campus and reduce the need for individual accommodations through proactive collaboration with University partners. drc.arizona.edu

Fraternity & Sorority Programs - Developing innovative approaches that empower fraternity and sorority members to tackle their greatest challenges, create change for the common good, and realize their full potential. greek.arizona.edu

Housing & Residential Life - Helping students build a foundation for success by providing a place full of opportunities to learn life skills and receive an education beyond the classroom. housing.arizona.edu

Parking and Transportation - Providing parking options and transportation alternatives for faculty, staff, students and visitors. parking.arizona.edu

Safe Ride - A free nighttime transportation service for students and affiliates. 520-621-SAFE (7233)

Safety - Enhancing students’ safety and well-being. For an emergency, call 911. For a non-emergency, call 520-621-UAPD (8273). cirt.arizona.edu

SALT Center - An academic support program that provides services to students with learning and attention challenges through innovative approaches. salt.arizona.edu

SOS - Supports all Arizona community members, with a focus on enhancing the student experience. sos.arizona.edu

Student Engagement & Career Development - Resources and support for students to find engagement opportunities, make connections, and build skills during their Wildcat and early Alumni years. career.arizona.edu

Student Union and Meal Plans - The kitchen and living room of the university, where everyone can eat, play, relax, and get involved. union.arizona.edu

THINK TANK - Empowers students in a positive environment where they can master the skills needed to become successful lifelong learners. thinktank.arizona.edu

Thrive Center - Engaging students socially and academically, and connecting them with valuable campus resources ensuring students don’t just survive at Arizona, but thrive. thrive.arizona.edu

UAalert - Emergency alerts sent to your mobile devices during a campus emergency. cirt.arizona.edu/ualert

The University of Arizona BookStores - University-owned and operated, providing all academic and extracurricular needs for every Wildcat. shop.arizona.edu
Dear New Wildcat Families,

Before the start of the fall semester, students will attend our mandatory extended orientation program, Destination Arizona. Designed to aid in the transition for all incoming students arriving on campus, our goal is to ensure your student feels welcomed and finds their community. The program takes place Friday, August 18 and Saturday, August 19, the weekend prior to the start of classes.

Destination Arizona programming focuses on three themes for new students to discover all that Arizona has to offer:

**Academic Enrichment:** Academic units will provide new students with resources on how to be successful in their program(s) by understanding academic expectations, degree requirements and academic involvement. Additionally, students will strengthen and foster the relationship with their academic unit through various activities alongside their peers. We understand academics are a key focus for your student and it’s crucial for them to know the resources available to them within their academic department.

**Self-Advocacy:** Entering a new environment can be scary and exciting. Destination Arizona programming provides students with tools and resources to establish confidence to advocate for themselves and their well-being, both academically and personally. During the program, students will meet both incoming and current students, and connect with cultural resource centers and other functional campus units so they know where to turn in any situation.

**Community Engagement:** What does it really mean to be a Wildcat? Students will learn about the Wildcat and Tucson community and see just how much pride is ingrained in student life. We connect your student with campus resources, as well as new and current students to ensure they are seeing the experience from every angle.

This experience is meticulously planned to support and empower students. Coming to college is no small feat and can often come with many challenges. Our job is to ensure students feel that Arizona is their home away from home and know they have support throughout their time as a Wildcat.

We know that you’re trusting us with your students and we thank you for your commitment to their success during this transition.

Logan Adams
Director, Orientation & New Student Services

---

Reconnect, reminisce, and thrive with the Arizona Sands Club!
Join our vibrant Member community of Wildcat alumni, faculty and fans. Discover the power of networking, the excitement of game days, and the connection of club Membership. Scan the code to learn more and book your tour!
FALL 2023

AUGUST
15-19 Move in begins
15-17 Wildcat Welcome Resource Fair
18 Wildcat Family Conference
18 Proud Parent Social
18-19 Destination AZ
19 Bon Voyage BBQ
20 Bash at the Rec
21 Classes begin Fall Semester
21 Payment due
28 Last day for adding classes using UAccess

SEPTEMBER
3 Last day to drop without a grade of a W
3 Last day for a refund on tuition
4 Labor Day, no classes
29 Honors Convocations
29-10/1 Family Weekend

OCTOBER
29 Last day to file for Grade Replacement Opportunity (GRO)
29-11/4 Homecoming

NOVEMBER
10 Veterans Day, no classes
23-24 Thanksgiving recess, no classes

DECEMBER
6 Last day of classes and laboratory sessions
7 Reading Day, no classes or finals
8 Final Exams begin
14 Final Exams end and grades are available
15 College & department convocation ceremonies

JANUARY
7 Dorms open for spring semester at 12 PM
9 Destination AZ
10 Classes begin Spring Semester
10 Tuition payment due
15 Martin Luther King Jr. Holiday, no classes

MARCH
2-10 Spring Break

MAY
1 Last Day of Classes
2 Reading Day, no classes or finals
3-9 Final Exams
10 Commencement
From climate change to planetary defense, and disease prevention to artificial intelligence, today’s most pressing and complex global challenges demand that our students are trained as bold, forward-thinking problem solvers. At the University of Arizona, we are preparing our graduates to enter the workforce with the experiences, skills, and entrepreneurial mindset that will allow them to stand out and to thrive.
As part of a top 20 public research university, our students have enviable access to world-class research faculty who train them to navigate both successes and failures, collaborate and learn from others, invent new technologies, and launch market-ready products and solutions.

One of the most effective ways we cultivate the kind of critical thinking that breeds success in our students is through a unit called Finding Opportunities and Resources to Grow Entrepreneurs, better known as Arizona FORGE. FORGE engages students from all majors in entrepreneurial mindset development, and works with students to help them define purpose, explore ideas, and create possibilities.

FORGE’s innovative programs help students build transferable skills in resilience, creativity, collaboration, communication, critical thinking, flexibility, opportunity recognition, taking initiative, and comfort with risk. FORGE offers a free, asynchronous curriculum covering core venture concepts, an online assessment to identify entrepreneurial mindset strengths, coaching with peer mentors, personal development programs, consultations with FORGE staff, and one-on-one mentorship from industry experts. These resources help students actively develop new skills, discover their entrepreneurial strengths, and set goals for their future.

Linnea Andersson is a recent UArizona graduate and now works in New York City as a technology analyst for Barclays, one of the world’s largest banks. During her time at UArizona, Linnea served as a FORGE Student Venture Pathway Fellow, a seasoned leader who works across all FORGE programs to provide student voice and perspective. Fellows design and implement training for other students, assist with the planning and execution of FORGE signature events, and communicate FORGE student founder stories and impact. As a FORGE fellow, Linnea believes in the importance of exploring and developing an entrepreneurial mindset, no matter major or ambition. Before graduating, she wrote: “FORGE has given me opportunities I would never have imagined. From interviewing CEOs and startup founders to speaking in front of large crowds...I have grown both as a professional and as a person.”

‘FORGE has given me opportunities I would never have imagined. From interviewing CEOs and startup founders to speaking in front of large crowds...I have grown both as a professional and as a person.’

Our students go on to be leaders and founders of small businesses, social enterprises, and scalable corporations, and innovators within existing organizations, much like Linnea. When our Wildcats engage with programs like those offered by FORGE, they stand out from their peers and—critically—they are equipped to solve real-world problems.

Students can learn more at forge.arizona.edu
The relationship between our founder, Louise Foucar Marshall, and the University of Arizona began 125 years ago in 1898. A professor and a shrewd businesswoman, she bought up the vacant land on the north side of University and founded the Marshall Foundation in 1930 to support education and youth.

Since that time, Marshall Foundation through the management of its real estate and the redevelopment of the area adjacent to the University known as Main Gate Square, has donated over $30,000,000 to support its community giving for early childhood through undergraduate education in Pima County, including supportive wrap-around social services for underserved populations to achieve success.

Marshall Foundation also funds University of Arizona projects and provides Arizona students with undergraduate and graduate scholarships for Arizona students to attend the University of Arizona.

Marshall Foundation is a proud supporter of Parent & Family Programs, the University of Arizona, its families, innovators, thinkers, creators as the work you do enriches our community and the world.

To learn more about Marshall Foundation, please visit marshallfoundation.com.
MAIN GATE SQUARE

Located just west of Arizona’s campus, Main Gate Square is a vibrant dining, shopping, and entertainment district. From Bear Down Fridays to Live Concert series, Main Gate Square is a favorite Tucson location. No matter the day, you’ll find the streets filled with students enjoying the shops and restaurants.

Bear Down Fridays are hosted every Friday before a home football game. At this event students, alumni, and the Tucson community come together to enjoy performances from the Pride of Arizona Marching Band, Pomline, and Arizona Cheerleading. This free pep rally is one of Arizona’s most beloved traditions and features special guests, including Arizona coaches, and Wilbur and Wilma Wildcat. And Main Gate Square’s Live Concert series highlights Tucson artists in a variety of genres.

Whether heading to a performance at Centennial Hall or an event on campus, Main Gate Square has something for everyone.
STUDENT SUCCESS DISTRICT

A Hub for Student Support & Growth
an average day there are 12,000 visits to the Student Success District in the heart of the University of Arizona main campus. Completed in 2022, the vision for the new Student Success District was to bring together student support and success services from across campus to provide ways for students to Explore, Learn, Grow, Engage, and Innovate.

Large scale renovations to the Main Library, the Weaver Science & Engineering Library, and Bear Down Gym and the addition of the new Bartlett Academic Success Center equipped the district with technology, classrooms, and collaborative spaces that are inclusive and universally accessible to meet student needs. Additionally, the 9-acre district has outdoor spaces, gardens, and seating areas to provide a variety of areas to support students in and out of the classroom.

**BARTLETT ACADEMIC SUCCESS CENTER**

The Bartlett Academic Success Center (BASC) houses student support services and programs such as The A Center, Student Engagement & Career Development (SECD) and Student Success & Retention Innovation’s (SSRI) Thrive Center, THINK TANK, and Strategic Alternative Learning Techniques (SALT) Center. BASC also serves as a hub for central and college academic advising with staff from the Colleges of Humanities, Science, and Social & Behavioral Sciences.

When students enter BASC they are greeted by the Support. Outreach. Success (SOS) student and professional staff. SOS exists to answer any questions Arizona community members have about the institution, or connect individuals with the correct resources. We take pride that students are able to connect directly with actual staff rather than receive auto-responses.

Also on the first floor, students can connect with the Thrive Center. The Thrive Center will help all students navigate, excel, and graduate from the University of Arizona through mentorship, support, and community building. Thrive Center supports all students but centers first-generation, marginalized, and low-income students in their work.

On the second and third floor, the centralized campus tutoring options can be found within the THINK TANK. Students can utilize tutoring, supplemental instruction, and academic coaching.
Students can schedule 1:1 tutoring or visit BASC during the drop-in times for the support they need to succeed in their classes. Students who use THINK TANK services are more likely to be successful in their courses and continue to persist at the University of Arizona.

Student Engagement and Career Development (SECD) and a satellite location for the SALT Center are housed on the third floor of BASC. The SALT Center has their primary location in the Patricia A. Bartlett building, but offers supplementary services in the Students Success District (SSD). Throughout students' time at the university, they will utilize SECD services in different ways. SECD has a hub for on-campus jobs through their Handshake portal, they offer career fairs and events throughout the year, as well as experiential learning and leadership opportunities.

The A Center, and advising staff from the Colleges of Humanities, Science and Social & Behavioral Sciences can be found at the top of BASC. Many students come to the University of Arizona still exploring their degree and major options, the A Center advisors will support them along that journey.

**BEAR DOWN BUILDING**

The renovated Bear Down Building is the heart of the District, and is intentionally designed to encourage augmentation and expansion of learning that occurs in the classroom. The Bear Down Building houses student support services and programs, study spaces, and health and wellness facilities, and blends old features of the Bear Down Gym including an original basketball court and
bleachers, with updated spaces like quiet study rooms, and a new recreation center.

To support holistic and spiritual wellness, the University has dedicated the institution’s first interfaith and serenity space. This is also part of the University’s efforts to drive the value and practice of diversity and inclusion. The Serenity Space is intended for individual spiritual practice and is a unifying space for multiple beliefs.

Within the Health Promotion Hideaway, Campus Health offers cooking classes, one-on-one nutrition coaching, and wellness workshops to support student’s physical health.

Students can also find academic support through the THINK TANK’s Writing Center, getting individual or group support on any writing assignment and career support through the LifeLab, run by SECD.

MAIN LIBRARY

Within the Main Library students have access to technology, skill development, collaborative research, and experiential learning to elevate their experience.

CATalyst Studios, which occupies the entire east wing of the Main Library’s ground floor, inspires formal and informal learning through technologies such as virtual/augmented reality, data visualization, and fabrication equipment. Within the Maker Studio there are creative technologies such as laser and vinyl cutters, CNC routers, 3D printers, and sewing machines. Free classes through the library allow students to enhance their creativity. The Terry Seligman VR Studio and green screen room enables students to experience and create virtual/augmented reality content. The Data Studio features a high-resolution 20x7 foot visualization wall for image and data processing, teaching, and learning.

TECHNOLOGY SUPPORT

The SSD and the Main Library have also become the central hub for computer and technology support on campus. At the Rhonda G. Tubbs Tech Toolshed library users can try out or borrow laptops, cameras, scanners, tablets, and other equipment. Within The Zone, a computer lab operated by the University’s IT department there is access to video, audio, and design software. The University’s IT department staffs The 24/7 Lounge providing in-person, online, and phone technology support for students and University employees.

WEAVER SCIENCE & ENGINEERING LIBRARY

A hub for experimenting and testing new initiatives, the Albert B. Weaver Science-Engineering Library hosts a number of technology-rich spaces and houses materials in areas such as life and physical sciences, engineering and technology, and military sciences. In addition to the large collaborative classrooms, a learning studio, computer labs and study rooms, there is a family study room allowing University students with children a family-friendly study space.

Learn more about the Student Success District and student success and support resources at successdistrict.arizona.edu

For any questions or to connect with resources, ask SOS.
520-621-2327
Text SOS to 70542
sos@arizona.edu
1. Visit the Turtle Pond
2. Visit the LifeLab
3. Take a picture with Wilbur & Wilma
4. Take a picture in front of Old Main
5. Play or go out and support an intramural sports team
6. Study abroad
7. Attend at least one away game for an athletic team
8. Go on an Arizona Adventure Trip
9. Go to at least one game of every UAZ sport
10. Join a club
11. Make new friends on campus
12. Take a selfie with President Robbins
13. Take a selfie on Mount Lemmon at the Cookie Cabin
14. Get on the big screen at the Arizona stadium
15. Research Alternative Break trips with the Cielo program
16. Pull an all nighter at the Main Library
17. Find your favorite study spot at the Bartlett Academic Success Center
18. Attend the Homecoming Bonfire
19. Make the Dean’s list
20. Lay in a hammock on the mall
21. Attend the club fair
22. Attend your instructor’s office hours
23. Go to the Arizona State Museum
24. Visit Campus Pantry/Campus Closet
25. Apply to be an Arizona Ambassador
26. Witness a sunset at Gates Pass
27. Participate in a finals survival week event
28. Attend a special events speaker on campus
29. Vote in an ASUA election
30. Go to a group fitness class at the Rec
31. Attend a dance performance at the Stevie Eller Dance Theatre
32. Attend a Men’s or Women’s Basketball game
33. Visit the THINK TANK for tutoring
34. Get an internship
35. Have your resume reviewed at SECD
36. Find a peer mentor at Thrive Center
37. Meet with your adviser to stay on track at graduation
38. Check out undergraduate research opportunities
39. Use Handshake to find an on-campus job
40. Take a selfie in front of the bust of John Button Salmon
41. Play frisbee on the mall
42. Take a tour at the Mirror Lab or Tree Ring Lab
43. Visit 4th Ave
44. Ride the streetcar
45. Attend a play at Centennial Hall
46. Try a Sonoran hot dog
47. Attend Dog Days with the Dean
48. Attend lighting of A Mountain
49. Participate in a graduation convocation
50. Graduate and become an official Wildcat for LIFE!